

FRYDAYS RESTAURANT & LOUNGE

8156E HIGHWAY 7, TEULON, MB R0C 3B0

PHONE: (204) 886-3682

Appetizers

- **Basket of Fries \$5.95.**
- **Battered Mushrooms \$10.95.**
Served with Ranch.
- **Mac 'n' Cheese Wedges \$10.95.**
Served with BBQ Ranch Dip.
- **Frickles \$10.95.**
Served with Ranch.

- **Onion Rings \$7.95.**
- **Mozza Stix \$10.95.**
- **Sweet Potato Fries \$8.95.**
Served with chipotle mayo.
- **Garlic Toast \$3.95.**
Two slices of garlic toast.
Add cheese for \$1.95.

• **Nachos – Half \$14.95 / Full \$18.95.**

*Corn tortilla chips, tomato, green pepper, onions, jalapenos, black olives & pub mix cheese.
Comes with salsa & sourcream.*

Add your choice of seasoned chicken breast or zesty taco beef - Half \$4.95 / Full \$7.95

• **Wings \$15.95.**

Golden fried crispy coated chicken wings tossed with any one flavor: Salt & Pepper, Lemon Pepper, Cajun, BBQ, Sweet Chili, Honey Garlic, Electric Honey, Teriyaki, Frank's Red Hot, Frank's Extra Hot, Hibachi Hot BBQ.

Add a Side Sauce or Ranch \$1.55.

Soups & Salads

Add grilled chicken breast strips \$4.95, Add 2 slices of garlic toast \$1.95.

- **Homemade Soup of the Day \$6.95.**
Our in-house homemade soup of the day.
- **Garden – Starter \$6.95 / Full \$11.95.**
Lettuce, tomato, cucumber, red onion, and choice of dressing
- **Greek – Starter \$8.95 / Full \$14.95.**
Romaine lettuce, tomato, cucumber, red onion, green pepper, black olives, crumbled feta cheese & Greek dressing
- **Caesar – Starter \$8.95 / Full \$14.95.**
Romaine lettuce, Caesar dressing, bacon crumbles, croutons, and parmesan cheese.
- **Taco – \$19.95.**
Lettuce, tomato, green onion, shredded cheese and corn tortilla chips, comes with your choice of taco beef or grilled chicken & salsa and sour cream.

Kids Menu

12 and under. Kids combinations include your choice of French fries or garden salad and a complimentary juice box or soft drink.

Upgrade your side to onion rings or sweet potato fries add \$2.95 - Greek or Caesar salad or poutine add \$3.95.

• **Chicken Fingers \$12.95.**

Golden fried chicken breast strips with your choice of dipping sauce.

• **Grilled Cheese \$12.95.**

White, rye or whole wheat bread stuffed with melted cheddar cheese.

• **Classic Beefy Burger \$12.95.**

With lettuce, tomato and mayo.

Loaded Fries

A plate of fries topped with...

- **Chili Cheese Fries \$15.95.**
Shredded pub mix cheese topped homemade beef chili.
- **Cheese Please Poutine \$12.95.**
Shredded pub mix cheese topped with gravy.
- **Mexi Fries \$15.95.**
Zesty taco beef, tomato, onion, Jalapeno, melted pub mix cheese, salsa, and sour cream.
- **Buffalo Fries \$15.95.**
Frank's Red hot crispy chicken, French's crispy fried onions, tomato, green onion, and parmesan drizzled with ranch.
- **Great Canadian Poutine \$15.95.**
Crispy bacon crumbles, sauteed mushrooms & onions, pub mix cheese topped with gravy.

Casual Fare

• **Classic Chili \$10.95.**

A bowl of Frydays' classic homemade beef and pork chili, served with garlic toast. Add shredded cheese \$1.95 or a side of sour cream \$1.95.

• **Quesadilla \$13.95.**

12" flour tortilla, stuffed with diced tomato, green pepper, onion and melted cheese with salsa and sourcream. Add your choice of seasoned chicken breast or zesty taco beef \$4.95.

• **Chicken Fingers & Fries \$16.95.**

Crispy breaded, chicken strips with French fries & Honey Dill.

• **The Ukrainian Platter \$16.95.**

Kielbasa & perogies topped with fried onions and bacon and served with mustard and sour cream.

• **Fish 'n' Chips 2 Pce \$16.95 / 3 Pce \$18.95.**

Pub style Cod served with French fries, fresh lemon wedges and tartar sauce.

Entrees

Hamburger Steak, Steak Sandwich, & Liver include your choice of: cup of soup, garden salad, french fries, mashed potato or rice, and vegetable of the day.

Upgrade your side - onion rings, sweet potato fries, Caesar Salad, Greek Salad or Poutine for \$3.95 Add sauteed mushrooms for \$1.95.

• **Stir Fry \$20.95.**

Honey Garlic or Sweet Chili Glazed grilled chicken breast strips with sauteed mushrooms, onions & green peppers over a bed of steamed rice served with garlic toast.

• **Fettucine Alfredo \$20.95.**

Grilled chicken served on a bed of fettucine pasta with traditional alfredo sauce. Served with garlic toast.

• **Hamburger Steak \$21.95.**

Chargrilled hamburger steak, topped with sauteed onions and house gravy. Add sauteed mushrooms \$1.95.

• **Liver \$21.95.**

Lightly breaded and fried beef liver with sauteed onions and house gravy.

Dessert

• **Cheesecake \$8.95.**

Served with whip cream & your choice of chocolate, caramel, or fruit.

• **Cinnamon Bun \$5.95.**

Sliced in half, grilled, and served with butter.

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Burgers, Wraps, Hotdogs & Sandwiches

Served on a lightly toasted bun. Includes your choice of: - cup of soup, garden salad or French fries -

Upgrade your side to onion rings or sweet potato fries add \$2.95 - Greek or Caesar salad or poutine add \$3.95.

Burgers

•Classic \$14.95•

1/3 lb beef burger, lettuce, tomato, mayo, mustard, onions, and pickles. **Add cheese \$1.95, bacon \$2.95, or sauteed mushrooms \$1.95.**

•Fatboy \$18.95•

1/3 Lb. beef burger, lettuce, tomato, mayo, mustard, pickles, topped with FryDays' classic homemade chili.

•Manitoban \$19.95•

1/3 Lb. beef burger topped with Drunken Crown Royal Whiskey BBQ Sautéed Onions and sauce, bacon, melted cheddar cheese, lettuce tomato and mayo.

•BBQ Bacon Cheesy \$19.95•

BBQ glazed beef burger with two strips of bacon, lettuce, tomato, mayo, smothered in cheddar and mozza. **Add sauteed mushrooms \$1.95.**

•Southwest Crunch \$16.95•

Breaded Chicken Breast, mozzarella cheese, crispy fried jalapenos, lettuce, pickles & chipotle mayo.

•Thunder Crunch \$18.95•

Breaded chicken breast, bacon strips, melted mozzarella, crispy fried onions, lettuce, tomato, mayo & ranch dressing

Wraps

•Mediterranean \$12.95•

Romaine lettuce, tomato, feta, cucumber, onion, green pepper, black olives, and Greek dressing.

Add grilled chicken \$4.95.

•Chicken Caesar \$16.95•

Grilled chicken breast strips, romaine lettuce, Caesar dressing, Parmesan cheese and bacon.

•Thai Chicken \$16.95•

Grilled chicken breast strips, lettuce, tomato, cucumber, crispy onions, sweet chili, and mayo.

Hot Dogs

•Chili Dog \$16.95•

Frydays' classic homemade chili, cheddar cheese, mustard, mayo, and pickles.

•Manitoban Dog \$16.95•

Drunken Crown Royal Whiskey BBQ, sautéed onions & sauce, bacon, melted cheddar cheese and mayo.

•Southwest Dog \$14.95•

Crispy fried jalapenos, melted mozzarella cheese, pickles and chipotle mayo.

•Ukrainian Dog \$15.95•

Bacon crumble, sauerkraut, sour cream, onions, pickles, and mustard.

•Teulon Dog \$10.95•

Mayo, ketchup, and mustard. **Add cheese \$1.95, Fried onions \$1.95, Bacon \$2.95.**

Sandwiches

•Clubhouse \$19.95•

Triple decker classic seasoned grilled chicken, bacon, cheddar cheese, deli-style ham, lettuce, tomato and mayo on your choice of white, brown, or rye.

•Ham and Cheese \$14.95•

Sliced ham and cheddar cheese with lettuce, tomato, mayo, and mustard on your choice of white, brown, or rye.

•BLT \$14.95•

A classic with bacon, lettuce, tomato, and mayo on your choice of white, brown, or rye.

Add cheese \$1.95

Pizza

All our pizzas are served on a delicious, light, and crispy crust, glazed with our Johnny's on the edge' garlic seasoning air fried in FryDay's in-house pizza oven, our pizzas come with fresh pizza mozzarella and FryDays' signature pizza sauce.

The Flatlander – 7"/ 12"/ 16"

\$11.95 / \$19.95 / \$23.95

A traditional pizza with pizza mozzarella and FryDays' signature pizza sauce.

The Teulono – 7"/ 12"/ 16"

\$12.95 / \$22.90 / \$27.95

A classic pizza with pepperoni, pizza mozzarella and FryDays' signature pizza sauce.

The Aloha Darlin' – 7"/ 12"/ 16"

\$13.95 / \$24.95 / \$28.95

A Hawaiian pizza with ham, pineapple, pizza mozzarella and FryDays' signature pizza sauce.

The Cowboy – 7"/ 12"/ 16"

\$15.95 / \$26.95 / \$31.95

An all-meat pizza with pepperoni, bacon, salami, ham, pizza mozzarella and FryDays' signature pizza sauce.

The Chicka-Holly – 7"/ 12"/ 16"

\$16.95 / \$28.95 / \$32.95

A specialty pizza with grilled chicken breast, feta cheese, spinach, diced tomatoes, red onions, pizza mozzarella and alfredo sauce served with lemon wedges on the side.

The Homesteader – 7"/ 12"/ 16"

\$15.95 / \$26.95 / \$31.95

A loaded pizza with pepperoni, salami, green peppers, onions, mushrooms, pizza mozzarella and FryDays' signature pizza sauce.

Extra Toppings

•7" \$1.95 • 12" \$2.95 • 16" \$3.95 •

Pepperoni, Salami, Ham, Bacon, Grilled Chicken Breast, Mushroom, Green Pepper, Pineapple, Onion, Diced Tomato, Olives, Red Onion, Spinach, Feta Cheese, Pizza Mozzarella

Combinations

Receive these add-ons at a discounted price with the purchase of any pizza. Add an order of wings to any pizza purchase \$13.95

Add a full-size Greek or Ceasar salad to any pizza purchase \$13.95